

SUPREP BOWEL PREPARATION

THE DAY BEFORE YOUR COLONOSCOPY YOU MUST BE ON LIQUID DIET ALL DAY

YOU ARE ALLOWED THE FOLLOWING LIQUIDS THE DAY BEFORE YOUR PROCEDURE:





YOU MUST DRINK 12-15 OZ HOURLY UNTIL BEDTIME

TEA, CLEAR BROTH (CHICKEN, BEEF, VEGETABLE), WATER, COFFEE, JELLO (NO FRUIT)
SPORTS DRINKS (GATORADE/SPORTADE), SOFT DRINKS, JUICE (NO PULP)

PLEASE AVOID ALL RED COLORED PRODUCTS

IT IS IMPORTANT TO FOLLOW ALL THE STEPS BELOW COMPLETELY





THE DAY BEFORE YOUR COLONOSCOPY TAKE AT 7:00 PM

	<p>STEP 1</p> <p>Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.</p>
	<p>STEP 2</p> <p>Add cool drinking water to the 16-ounce line on the container and mix. NOTE: Be sure to dilute SUPREP as shown at left before you drink it.</p>
	<p>STEP 3</p> <p>Drink <u>ALL</u> the liquid in the container.</p>
	<p>STEP 4</p> <p>You must drink two (2) more 16-ounce containers of water over the next 1 hour.</p>

CONTINUE HYDRATING BY DRINKING PLENTY OF LIQUIDS UNTIL BEDTIME

THE DAY OF YOUR COLONOSCOPY

THE DAY OF YOUR COLONOSCOPY TAKE 2nd dose 5 HOURS BEFORE THE COLONOSCOPY

	<p>STEP 1</p> <p>Pour ONE (1) 6-ounce bottle of SUPREP liquid into the mixing container.</p>
	<p>STEP 2</p> <p>Add cool drinking water to the 16-ounce line on the container and mix. NOTE: Be sure to dilute SUPREP as shown at left before you drink it.</p>
	<p>STEP 3</p> <p>Drink <u>ALL</u> the liquid in the container.</p>
	<p>STEP 4</p> <p>You must drink two (2) more 16-ounce containers of water over the next 1 hour.</p>

1. YOU MAY DRINK **ONLY** THE FOLLOWING CLEAR LIQUIDS.
7UP, SPRITE, GINGERALE, APPLE JUICE, GATORADE, WATER DO NOT SUBSTITUTE
NO MILK, DAIRY OR ARTIFICIAL DAIRY PRODUCTS ARE ALLOWED.

YOU MUST STOP DRINKING 4 HOURS BEFORE YOUR COLONOSCOPY

FAILURE TO FOLLOW THIS DIET MAY RESULT IN THE CANCELLATION OR POSTPONEMENT OF YOUR PROCEDURE!

IF YOU HAVE ANY QUESTIONS, PLEASE DO NOT HESITATE TO CONTACT 201—837-9449